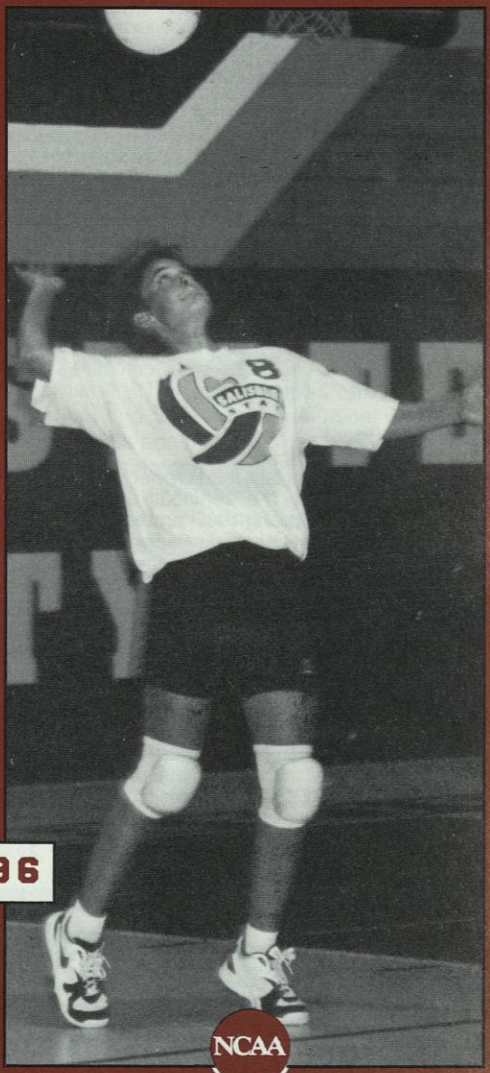
SALISBURY STATE UNIVERSITY

SEA GULLS

1995/96



NCAA

VOLLEYBALL

COACHING STAFF

Deanna Parks
Head Coach
In three years at Salisbury State University, **Deanna Parks** has established the Sea Gull program as a consistent challenger in the mid-Atlantic region and a strong contender for tournament championship honors. Parks has a 69-55 record in three seasons, with two winning campaigns and three tournament championships along the way.

Parks, 30, came to Salisbury from Penn State University, where she served as the assistant softball coach for one year. Prior to joining the Lions' staff, Parks was the assistant softball coach at her alma mater, Kent State University.

Parks, a native of Bethel Park, PA, is a 1988 graduate of KSU, where she was a dual-sport athlete in volleyball and softball. She set or tied 15 KSU hitting records during her career, and earned first-team all-Mid American Conference softball honors as a senior. In recognition of her outstanding career, she has also been inducted into Kent State's Athletic Hall of Fame.

Parks continues to put her multi-sport talents to good use at Salisbury State. In addition to her volleyball duties, she also serves as SSU's head coach for softball in the spring, and also teaches in the Physical Education Department.

"We're extremely pleased to have Deanna with us here at Salisbury State University, and feel that she has a lot to offer as a member of our staff," says SSU Director of Athletics Michael Vienna. "She has a strong background in intercollegiate athletics, as both a player and coach, and she's committed to seeing our programs reach their full potential."

Jodi Boast
Assistant Coach
A four-year Sea Gull letterwinner, **Jodi Boast** is in her third year as an assistant. The Monmouth Junction, NJ, native, who served as a team captain in 1993, provides sound leadership in her role as an assistant coach, displaying enthusiasm and a positive attitude. In addition to her on-the-court duties, the personable Boast also assists Parks with recruiting. Parks says, "I feel very fortunate that Jodi has been able to remain a part of this program. She provides us all with constant support and encouragement."

Ed Houck
Assistant Coach
As an undergraduate student at Salisbury State, **Ed Houck** is in his first year as an assistant coach for the Gulls. Houck, who is also a pole vaulter on the track team, was a member of the men's volleyball and track teams at Exeter High School in Reading, PA. Parks says, "Ed has a solid technical background in volleyball and is a highly skilled player. His knowledge of the game's fundamentals makes Ed a nice addition to our staff."

The 1995 Sea Gull coaching staff (l-r), assistant coach Ed Houck, head coach Deanna Parks and assistant coach Jodi Boast.

A CLOSER LOOK AT SSU VOLLEYBALL

The Sea Gull volleyball program is among the most consistent in the mid-Atlantic region, with a history of conference championships and regional tournament success. While a member of the Eastern States Athletic Conference from 1987-92, the Gulls claimed the conference's volleyball title in five of the six years. SSU, an NCAA Division III member, joined the Capital Athletic Conference in 1993 and has competed as a CAC member for the past two seasons.

Reflecting national trends, in recent years Salisbury State's schedule has become one that features a heavy dose of tournament competition, mixed in with its dual matches against conference opponents. The Gulls have posted winning records in nine of the last 11 seasons, and averaged over 23 wins per season from 1987 through 1995, with a winning percentage of over .639 during that time span. SSU enjoyed back-to-back 30-win seasons in 1989 and 1990, including a school-record 35 wins in 1990.

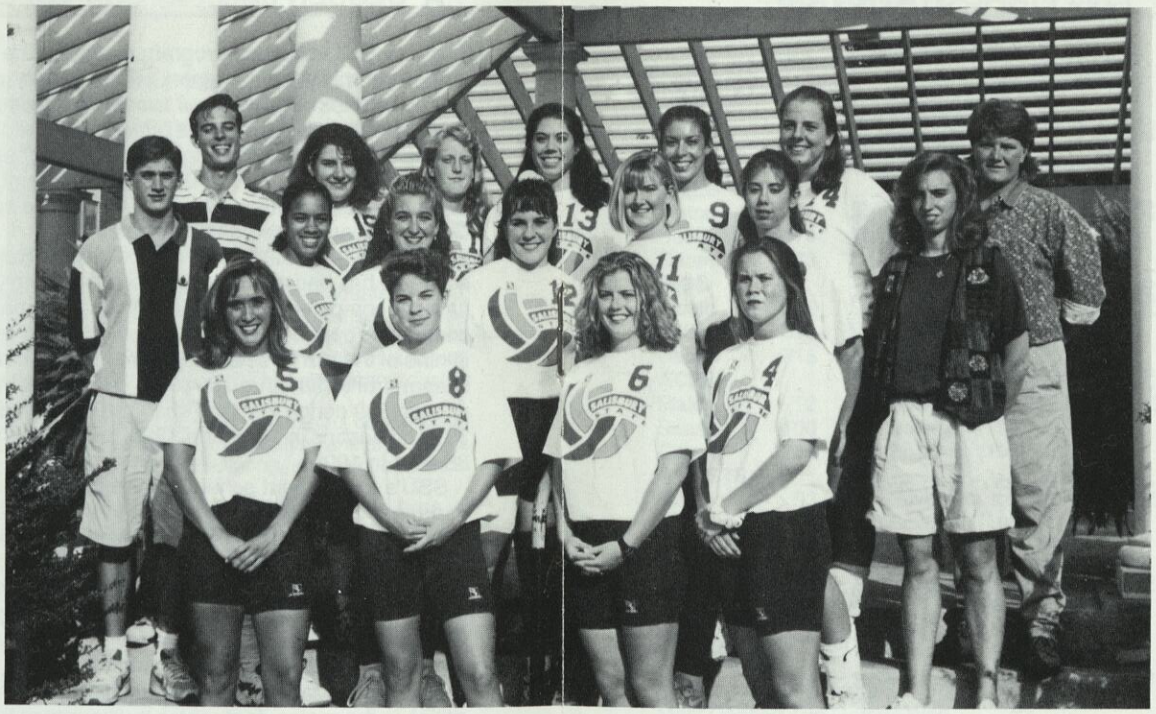
SSU's tournament schedule includes many of the biggest and most competitive Division III events in the region each year. In addition to participating in noted events like the Juniata/Coca-Cola Classic and the North-South Tournament, Salisbury plays many of the top regional squads in prominent invitational tournaments as well. The Gettysburg Invitational, Elizabethtown Tournament and SSU's own invitational were among the events on the slate again in 1995.

Salisbury's Maggs Center is among the finest volleyball facilities in the region, featuring a multipurpose tartan floor and seating for nearly 2,000 spectators. During tournaments, the arena has a dual-court alignment, allowing for two matches to be played concurrently.

Highlights of the 1995 season included winning the championship of the SSU Invitational, placing second in a strong field at the North-South Classic, and collecting third place finishes in two other events. The Gulls enjoyed a nine-match winning streak in midseason, two shy of the team record, and also had a six-match winning streak later in the season. Unfortunately, the team's momentum in the final weeks of the campaign was cut short by some key injuries, including a season-ending knee injury to all-conference setter/hitter Jen Bowman.

Coach Parks says, "We had our share of ups and downs during the season, but following our runnerup finish at Western Maryland (North-South Classic) and a victory over York in conference play, I thought we were playing our best volleyball of the season. The team appeared to finally have jelled and we were playing with confidence and enthusiasm.

"When Jen injured her knee, it meant more than finishing the season without our on-court leader. We were faced with the task of finding a replacement setter, which also meant the complete reorganization of our offensive system. I was extremely proud of the way this team pulled together. The players displayed a lot of heart in the face of adversity."



1995 SEA GULL ROSTER

No.	Name	Yr	Pos	Hgt	Hometown	High School
1	Jen Toole	Sr	DS	5-3	Lexington Park, MD	Great Mills
2	Kim Proctor	So	DS	5-5	Suitland, MD	Elizabeth Seton
3	Lori Sharpless	Jr	OH	5-9	Severna Park, MD	Severna Park
4	Lindsey McNaney	Fr	S/OH	5-8	Hagerstown, MD	North Hagerstown
5	Cassie Cutright	So	DS	5-5	Denton, MD	North Caroline
6	Karen Little	So	DS	5-5	Smithburg, MD	Smithburg
8	Jen Bowman	Sr	S/OH	5-6	Greensboro, MD	North Caroline
9	Amy Rottman	Jr	MH	5-10	Grasonville, MD	Queen Anne's
10	Brooke Salitrik	So	OH	5-10	Gaithersburg, MD	Quince Orchard
11	Myra Parks	So	S	5-7	Bethel Park, PA	Bethel Park
13	Julie Drapalski	Fr	OH	5-10	Crownsville, MD	Old Mill
14	Michelle Dugan	Fr	MH	6-0	Ellicott City, MD	Centennial
15	Courtney Moore	Jr	OH	5-9	Greensboro, MD	North Caroline

Head Coach: Deanna Parks (third year)
Assistant: Jodi Boast, Ed Houck
Manager: Kevin Holcomb

1995 FINAL STATISTICS

Final Team Record: 23-20 overall (117 games)

Player	GP	K	E	TA	PCT.	ASST	SA	SE	RE	DIGS	BS	BA	BE
Jen Bowman	94	164	52	428	.262	708	55	47	6	175	12	30	18
Courtney Moore	103	292	135	846	.186	9	48	47	96	220	9	23	19
Brooke Salitrik	115	242	118	684	.181	8	6	12	23	59	30	53	57
Michelle Dugan	105	128	83	410	.110	10	4	4	26	36	21	50	51
Lindsey McNaney	116	131	101	442	.068	19	45	52	99	231	4	19	21
Lori Sharpless	100	162	101	539	.113	15	28	32	74	249	4	13	22
Amy Rottman	113	125	83	364	.115	143	20	63	53	152	17	47	66
Cassie Cutright	113	0	3	9	-.333	2	26	14	104	197	0	0	0
Jen Toole	62	0	1	3	-.333	1	5	13	19	68	0	4	0
Myra Parks	31	2	0	6	.333	93	8	13	0	15	0	0	0
Kim Proctor	34	0	0	0	.000	1	4	4	24	27	0	0	0
Karen Little	30	1	0	4	.250	32	1	2	10	25	0	0	0
Julie Drapalski	7	0	4	17	-.235	2	4	1	9	5	0	0	1
Nora Penn	5	0	0	0	.000	0	0	0	0	5	0	0	0
SSU TOTALS	**117**	**1247**	**681**	**3752**	**.151**	**1043**	**254**	**304**	**543**	**1464**	**97**	**239**	**255**

Key

K = Kills
E = Errors
TA = Total Attempts
PCT = (K-E)/TA
Asst = Assists

SA = Service Aces
SE = Service Errors
RE = Receiving Errors
BS = Block Solos
BA = Block Assists
BE = Block Erroros
Team Blocks = BS + 1/2 BA

SEA GULL RECORDBOOK

Individual Records

TOTAL ATTEMPTS		
Match	53	Jen Bowman vs. York (11-1-94)
Season	977	Jen Bowman (1994)
Career	2,175	Courtney Moore (1993-pres)
KILLS		
Match	21	Jen Bowman vs. York (9-20-94)
Season	374	Jen Bowman (1994)
Career	873	Courtney Moore (1993-pres)
DIGS		
Match	20	Cassie Cutright vs. Gallaudet (10-24-94)
Season	349	Marlene Oltman (1994)
Career	715	Jen Bowman (1992-95)
ACES		
Match	12	Jen Bowman vs. Mary Baldwin (9-24-93)
Season	100	Jen Bowman (1993)
Career	255	Jen Bowman (1992-95)
ASSISTS		
Match	53	Jen Bowman vs. Goucher (10-10-95)
Season	731	Jen Bowman (1993)
Career	2,121	Jen Bowman (1992-95)

Team Records

Most Wins	35 (35-14)	(1990)
Best Winning Percentage	78% (18-5-0)	(1986)
Fewest Wins	7 (7-20)	(1979)
Most Consecutive Matches Won	11	(1990)
Most Consecutive Games Won	22	(1990)
Fewest Losses	5 (18-5)	(1986)

YEAR-BY-YEAR SINCE 1985

1985	13-12
1986	18-5
1987	17-8
1988	20-6
1989	33-10
1990	35-14
1991	18-21
1992	22-12
1993	28-11
1994	18-24
1995	23-20
TOTAL	245-143

1995 GAME-BY-GAME RESULTS

Date	Opponent	Result	Scores	Record (CAC)
9/8-9	at Gettysburg Invitational			
	Albright	W	5-15, 15-5, 15-12	1-0
	Kean	L	3-15, 8-15	1-1
	Goucher	L	5-15, 3-15	1-2
	Frostburg State	W	15-5, 15-8	2-2
	Albright	W	15-4, 5-15, 15-3	3-2
	Seton Hill	L	3-15, 9-15	3-3
9/13	CHRIS. NEWPORT	W	15-13, 15-9, 15-11	4-3
9/16	at Mary Washington Tournament			
	Western Maryland	W	15-2, 9-15, 15-13, 10-15, 15-13	5-3
	Greensboro	L	10-15, 8-15, 5-15	5-4
	Mary Washington	L	5-15, 15-10, 13-15, 5-15	5-5
9/19	*MARYMOUNT	W	15-9, 15-9, 15-9	6-5 (1-0)
9/22-23	SSU INVITATIONAL			
	JOHNS HOPKINS	W	15-5, 15-5	7-5
	FROSTBURG ST	W	15-5, 16-14	8-5
	ROWAN	W	15-3, 15-4	9-5
	CHOWAN	W	15-9, 15-8	10-5
	R. STOCKTON	W	15-6, 15-8	11-5
9/26	*CATHOLIC	W	15-13, 15-5, 16-14	12-5 (2-0)
9/29-30	at Washington College Invitational			
	Scranton	W	15-8, 15-13	13-5
	Catholic	W	15-13, 15-11	14-5
	Gallaudet	L	8-15, 5-15	14-6
	Washington	W	15-4, 12-15, 15-8	15-6
	Richard Stockton	L	12-15, 16-18	15-7
10/4	*GALLAUDET	L	11-15, 8-15, 15-13, 13-15	15-8 (2-1)
10/6	*Mary Washington	L	12-15, 6-15, 12-15	15-9 (2-2)
10/10	*Goucher	L	13-15, 17-15, 8-15, 10-15	15-10 (2-3)
10/13-14	at Western Maryland North-South Classic			
	York	W	13-15, 15-13, 15-5	16-10
	Washington	W	15-4, 15-7	17-10
	Catholic	W	9-15, 15-13, 15-9	18-10
	Susquehanna	W	15-3, 15-6	19-10
	Franklin & Marshall	W	15-12, 7-15, 15-12	20-10
	Bridgewater	W	15-12, 15-10	21-10
	York	L	10-15, 17-19	21-11
10/17	*York	W	15-10, 15-12, 16-14	22-11 (3-3)
10/20-21	at Gallaudet Invitational			
	Mary Washington	W	15-8, 15-13, 8-15, 15-3	23-11
	Washington & Lee	L	13-15, 3-15, 7-15	23-12
	Gallaudet	L	4-15, 3-15, 9-15	23-13
	Kean	L	10-15, 5-15, 9-15	23-14
10/25	*St. Mary's	L	15-10, 6-15, 7-15, 13-15	23-15 (3-4)
10/27-28	at Elizabethtown College Halloween Classic			
	Gettysburg	L	4-15, 11-15	23-16
	Elizabethtown	L	10-15, 10-15	23-17
	Eastern Connecticut	L	15-7, 14-16, 8-15	23-18
	Western Maryland	L	14-16, 15-6, 12-15	23-19
10/31	St. Mary's	L	10-15, 11-15, 15-17	23-20

Home Matches in CAPS *Capital Athletic Conference match

Gettysburg Invitational — SSU seventh place
Mary Washington Invitational — SSU third place
Salisbury State Invitational — SSU first place
Washington College Invitational — SSU third place
WMC North-South Classic — SSU second place
Gallaudet Invitational — SSU fifth place
Elizabethtown Classic — SSU ninth place